



**Project:** Physiomoves

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**Website:** <http://stevendud.wix.com/physiomoves>

Having pain all over your body but not time to deal with it because of your crazy work schedule? No problem! Physical therapy can come at your office now!

Four physiotherapists and their skills are available in Kirchberg, Luxembourg. The goal of the team is to offer physiotherapeutic intervention towards employees in offices demonstrating a high amount of sedentary behavior. For this reason, the ambulant physiotherapy company, thanks to an electrical van, is visiting several office-based companies for preventive and curative treatments. The visiting times are targeting different companies (such as banks, European institutions etc.) and consist of preventive treatments such as educational hours, group activity sessions and ergonomic check-ups.

For more details see full project and visit website: <http://stevendud.wix.com/physiomoves>